

Smoothie Mini Wonders

INGREDIENTS

- 1 tbsp spinach
- 1 tbsp banana
- 1 tbsp yogurt
- 5 tbsp CERELAC® Infant Cereal



RECOMMENDED FLAVOR



Wheat Banana & Milk with No Added Table Sugar

PREPARATION STEPS

1

In a blender, combine spinach, banana, yogurt and CERELAC® until smooth

2

Pour into a glass and serve!



Recipe by:
Geraldine Maglalang Cabello
RND
Culinary Nutritionist