

Chopsuey Chowder

INGREDIENTS

2 tbsp carrots, sayote, and beans

2 tsp water

5 tbsp CERELAC® Infant Cereal



RECOMMENDED FLAVOR



Mixed Vegetables & Soya

Recipe by:
Geraldine Maglalang Cabello
RND
Culinary Nutritionist

PREPARATION STEPS

- In a blender, puree the vegetables
- Add water and mix in CERELAC® until smooth